

## ATTENTION DIFFICUTIES ACCORDING TO DSM5 - PARENTS

Name: \_\_\_\_\_

Date: \_\_\_\_\_

INATTENTION	0 No	1 Little	2 Often	3 A lot
1. Often does not give close attention to details or makes careless mistakes in schoolwork, school or other activities				
2. Often has trouble keeping attention on tasks or play activities				
3. Often does not seem to listen when spoken to directly				
4. Often does not follow through on instructions and fails to finish school work, chores or duties in the workplace (loses focus, gets sidetracked)				
5. Often has trouble organizing activities.				
6. Often avoids, dislikes or does not want to do things that take a lot of mental effort for a long period of time (such as schoolwork or homework).				
7. Often loses things needed for tasks or activities (e.g. toys, school assignments, pencils, books or tools).				
8. Is often easily distracted.				
9. Is often forgetful in daily activities.				
HYPERACTIVITY				
1. Often fidgets with hands or feet or squirms in sit when sitting still is expected.				
2. Often gets off seat when remaining in seat is expected.				
3. Often excessively runs about or climbs when and where it is not appropriate (adolescents and adults may feel very restless).				
4. Often has trouble playing or doing leisure activities quietly.				
5. Is often "on the go" or often acts as if "driven by a motor".				
6. Often talks excessively.				
7. Often blurts out answers before questions have been finished.				
8. Often has trouble waiting one's turn,				
9. Often interrupts or intrudes on others (e.g. butts into conversations or games)				